

Referral to QSCIS

For people with newly acquired spinal cord injuries, your treating team will refer to QSCIS.

For people already linked with QSCIS, SPOT can be contacted directly for support as required on **(07) 3176 9507**.

Referrals can be made to the Spinal Injuries Unit Outpatient department (SIU OPD) by a GP or Specialist Medical Officer. The preferred method is via Smart Referrals; however, referrals can also be faxed to the Metro South Health Central Referral Hub on **1300 364 248**.



QSCIS Contact details

We are located at the Princess Alexandra Hospital in Woolloongabba, Brisbane.

Spinal Injuries Unit (SIU)

Building 17, ground floor, Ipswich Road, Woolloongabba 4102

Phone: (07) 3176 2737

Spinal Injuries Unit Outpatients (SIU OPD)

Phone: (07) 3176 2641

QuickStart

Email: QuickStartQSCIS@health.qld.gov.au

Transitional Rehabilitation Service (TRP)

Phone: (07) 3176 9508

Email: trp@health.qld.gov.au

Spinal Outreach Team (SPOT)

Phone: (07) 3176 9507

Email: spot@health.qld.gov.au

For more information visit our website at:

<https://qscis.health.qld.gov.au/>



Information for people with Spinal Cord Injuries



**Reach Your Maximum Potential
With the Queensland Spinal
Cord Injuries Service**

QSCIS Service

The Queensland Spinal Cord Injuries Service (QSCIS) provides specialist support to people aged over 16 years who live in Queensland and northern New South Wales and;

- Have a spinal cord injury (SCI) from trauma such as an accident
- Have a SCI from non-trauma causes such as surgery or a medical condition.

QSCIS has provided specialist rehabilitation services for over 30 years.

Once a referral to QSCIS has been made, you are linked with the 'all of life' service.

QSCIS provides support for people with SCI through:

- Supporting early management and rehabilitation after SCI
- Helping you anytime by giving information and advice about equipment, support services, health issues, work and recreation and many other parts of your life
- Supporting you wherever you may live. We can be contacted by phone, email or video calls
- Providing support for your family and friends
- Educating and supporting service providers on what to consider when helping you

QuickStart



QuickStart is our program for people with new spinal cord injuries. QuickStart provides support to you and the hospital team looking after you. Inreach support can be provided while waiting for transfer to the Spinal Injuries Unit (SIU) or when rehabilitation happens in an acute or rehabilitation setting in a local hospital.

Spinal Injuries Unit (SIU)



The SIU is a 40-bed unit and the only specialist adult spinal injuries rehabilitation unit in Queensland.

Most people who have a SCI need to come to the SIU in Brisbane for treatment and rehabilitation. We offer both medical and rehabilitation services.

If you live outside of Queensland or plan to relocate interstate or overseas, a transfer to the spinal injuries unit nearest to your home will be arranged when you are well enough to travel.

Spinal Injuries Unit Outpatients Department (SIU OPD)



QSCIS clients can be referred by a GP or specialist for an outpatient review. The spinal injuries consultants offer general clinic reviews as well as other specialist clinics such as urology, spasticity management, sex and fertility, upper limb clinic, plastic surgery and adult spina bifida.

Transitional Rehabilitation Program (TRP)



The TRP helps you to transition from hospital to the community after a new spinal cord injury.

This most commonly happens after an admission to the SIU. TRP may be an option if your rehabilitation happened at another hospital.

Spinal Outreach Team (SPOT)



The SPOT is the community branch of QSCIS.

SPOT supports you, your family and friends, and your local health care and disability service providers with advice and information at any time after your rehabilitation.

