## 5

## The QSCIS Backbone

## OUR SHARED COMMITMENT TO THE WAY WE CARE

We are Collaborative Our paths have crossed, and everyone has an important role to play.	We are committed to each other's wellbeing. We allow the time to actively listen and learn from each other. We explain concepts and plans so we can achieve a great outcome. We respond to each other's needs with curiosity. We clarify what we are asking for and what is being asked of us.
We are Compassionate We practise compassion and keep each other safe.	We create a safe environment for each other in how we speak and act. We listen and respect the rights of others. We are mindful of what is happening around us and look out for each other. We embrace challenges as opportunities to learn. We care about the people caring for us. We are considerate and responsive to each other's needs.
<b>We are Hopeful &amp; Optimistic</b> Together we build hope for a positive future.	We acknowledge and respect that hard days are hard. We find ways to have fun because fun builds hope. We celebrate successes together both big and small. We recognise and support what others are passionate about. We recognise that how we think and speak affects how we feel about the future. We bring motivation and hope to every rehabilitation moment.
<b>We are Intentional</b> We are responsive, not reactive.	We seek an opportunity for rehabilitation in every moment. We choose language that empowers everyone in the rehabilitation journey. We all actively participate in rehabilitation. We have authentic conversations, even when they are challenging. We encourage and support each other's ideas and goals. We have the courage to share wild ideas. Together, we adopt and develop current and world-leading innovations.
<b>We are Respectful</b> Our community is built on a foundation of respect and dignity.	We create an environment where people can develop connections and celebrate their culture and community. We value different ways of knowing, experiencing, and caregiving. We make room for everyone to have a voice. We welcome and celebrate differences. We meet people wherever they're at on their journey. We offer grace to each other so we can be fully ourselves. We seek respectful solutions and outcomes.

## Metro South Princess Alexandra Health Hospital