



# Information for people with Spinal Cord Injuries

## Queensland Spinal Cord Injuries Service (QSCIS)

QSCIS has provided specialist rehabilitation in Queensland for over 30 years.

When your referral is accepted by QSCIS, you can access our services for all of your life.

You can access QSCIS if you are:

- 16 years old or older
- live in Queensland or northern New South Wales
- and have a spinal cord injury caused by an accident, surgery or a medical condition

## How we support you:



### Hospital support

Supporting early management and rehabilitation after spinal cord injury.



### Specialist advice

Helping you anytime with advice about health, work, recreation, equipment and support services.



### Community support

We can be contacted by phone, email or video calls, regardless of where you live.



### Support for family or friends

We can provide support to the important people in your life.



### Education for service providers

We can provide education and support health professionals and service providers on what to consider when they are helping you.

## Our Services

<b>Quickstart</b>	Support for people with a new spinal cord injury (SCI). We support you and your hospital team early after injury.
<b>Spinal Injuries Unit (SIU)</b>	Queensland's only adult spinal cord injuries rehabilitation unit. Most people with SCI need to come to the SIU in Brisbane for treatment and rehabilitation. We offer both medical and rehabilitation services.
<b>Spinal Injuries Unit Outpatient Department (SIU OPD)</b>	We offer specialist reviews including general clinic reviews by our consultants, and specialty clinics for urology, spasticity management, sexual health and fertility, upper limb function, plastic surgery and adult spinal bifida.
<b>Transitional Rehabilitation Program (TRP)</b>	We provide support when you leave hospital and return home. TRP is offered to all patients who are discharged from the SIU and <i>may</i> be offered if you are completing your rehabilitation at another hospital.
<b>Spinal Outreach Team (SPOT)</b>	We provide community-based support at any time after your rehabilitation. We support you, your family and local health providers.

## Referrals to QSCIS

<b>New SCI</b>	Your treating team will refer to QSCIS.
<b>Existing SCI</b>	For people who are already linked with QSCIS, you can contact SPOT on (07) 3176 9507.
<b>SIU OPD</b>	Referrals can be made to SIU OPD by your GP or a Medical Specialist. The preferred method is via the Queensland Health Smart Referrals platform.

## QSCIS Contact Details

<b>Spinal Injuries Unit (SIU)</b>	Princess Alexandra Hospital Building 17 Ground Floor Ipswich Road, Woolloongabba QLD 4102  <b>Phone:</b> (07) 3176 2737
<b>Spinal Injuries Unit Outpatients (SIU OPD)</b>	Princess Alexandra Hospital Building 17 First Floor Ipswich Road, Woolloongabba QLD 4102  <b>Phone:</b> (07) 3176 2641
<b>QuickStart</b>	<b>Email:</b> <a href="mailto:QuickStartQSCIS@health.qld.gov.au">QuickStartQSCIS@health.qld.gov.au</a>
<b>Transitional Rehabilitation Program (TRP)</b>	<b>Phone:</b> (07) 3176 9508 <b>Email:</b> <a href="mailto:trp@health.qld.gov.au">trp@health.qld.gov.au</a>
<b>Spinal Outreach Team (SPOT)</b>	<b>Phone:</b> (07) 3176 9507 1800 624 832 (free call for regional clients) <b>Email:</b> <a href="mailto:spot@health.qld.gov.au">spot@health.qld.gov.au</a>

## Learn more about QSCIS



Learn more about how the Queensland Spinal Cord Injuries Service can assist you in reaching your maximum potential following spinal cord injury.

### OUR SHARED COMMITMENT TO THE WAY WE CARE



Collaborative



Compassionate



Hopeful and  
Optimistic



Intentional



Respectful

The  
QSCIS  
Backbone