



Transitional Rehabilitation Program (TRP)

What is TRP?

TRP is a service that helps people with spinal cord injuries as they move from hospital to living in the community.

Our team includes Nurses, Occupational Therapists, Physiotherapists, Social Workers and a Doctor, all with experience in spinal cord injuries.

We talk to your hospital team and can support you for up to 6 to 8 weeks after you leave the hospital.

How We Can Help You:



Health Support

Manage your health



Daily Living Skills

Improve your daily activities



Getting Out

Getting around your community



Exercise and Rehab

Plan your exercise program



Home Access

Improve access in and around your home



Equipment and Supplies

Set up your equipment and supply orders



Community Links

Connect with local services



Home Supports

Train your carers and family



Emotional Support

Talk about your feelings



Navigating Services

Understand your support options



Return to Work or Study

Assist with going back to work or study



Leisure Activities

Explore fun hobbies

How We Can Work with You:



Face-to-Face Visits

We can see you at home or other locations in the community if you live in Brisbane or close by



Phone or video calls to you at home

We can contact you in other ways if you live further away, or if you just prefer that

Contact Us:

Phone
(07) 3176 9508

Email:
trp@health.qld.gov.au