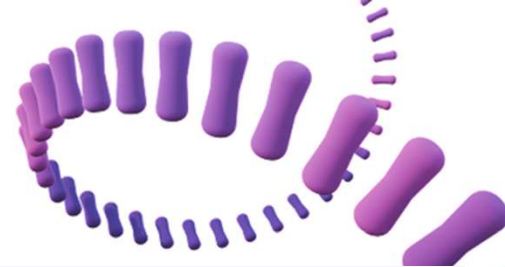


Spinal Outreach Team (SPOT)



SPOT – who are we?

SPOT is a team of spinal cord injury (SCI) experts, supporting people with SCI, across Queensland, to manage their health and live life on their own terms.

Nurses and Doctors

Occupational Therapists

Physiotherapists

Social Workers

How can SPOT help?

People with
SCI

Family

Friends

Service
providers

Health
Professionals

GPs

SPOT works with you and
your local service providers.

We listen to what matters to
you and give advice that fits
your situation.
Whether it's staying active,
accessing healthcare, or
pursuing your passions, SPOT
is here to help you.

- Advice
- Education
- Information
- Linking to services
- Support
- Work
- Equipment
- Health
- Leisure
- Relationships

How does SPOT connect with people?



Travel all over
Queensland



Visits at
your home
or in your
community



Phone, email and
video calls

Contact SPOT



[07 3176 9507](tel:0731769507)

1800 624 832 (free call for regional clients)



spot@health.qld.gov.au



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For information about SCI

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